

ERGONOMICS BY VELOCITYEHS

You are concerned about the health and comfort of your employees. You have tried your best to to create an ergonomic office, complete with the latest in ergonomic chairs, height adjustable desk, specialized keyboards and adjustable monitor arms. You have spent a good money updating everyones workspace and you feel good about yourself, you are doing the right thing. But after all this, can you be sure that your employees are getting the most out of this new equipment? What good is all this if the employees are not using the equipment correctly?

Ergonomics by VelocityEHS, formally ErgoAdvocate, has created a solution to help your employees get the most out of your new ergonomic equipment. They have created a software program that each of your employees can use to increase their comfort and health while at work. The user will have their own unique log-in that will be used to create a personalized solution. The employee will be taken through a three step process to improve their ergonomics.

The first thing that will happen is that the employee will be taken through a brief tutorial where they will learn ergonomic terms and importance of proper ergonomics. They will also learn about potential health risks and various risk factors. More importantly they will learn how to reduce these factors.

After they have learned the basics and made adjustments to their workspace they will enter the evaluation phase of the program. Through this section they will be evaluated on any pain or discomfort they may be experiencing. They will also be able to evaluate

their work habits, work area and job. They will also be given suggestions for making adjustments to their posture and working environment. These include fine adjustments to their chair and placement of items on their desk as well as the work area's lighting and temperature.

The third section is to help solve outstanding issues. If there are outstanding issues, for me it was low levels of back and neck discomfort, they will be directed to a Help Library where they will receive

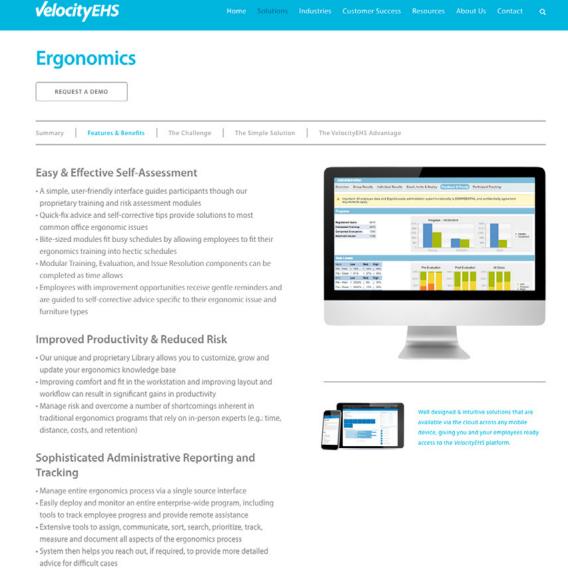
self-corrective advice to help resolve these issues. To ensure that the employees have created good ergonomic habits they can be prompted to be re-evaluated at 3, 6 and 12 week intervals. These issues can also be forwarded to management where they can help resolve any problems.

On the administrative side of the software the administrator can look at each employee's results. This is not big brother keeping track of each employee, but its purpose is to help solve small problems before they grow too large. For example, if an employee through the evaluation

Ergonomics by VelocityEHS

EHS.com/solutions/ ergonomics.com Price varies by organization's size.





learns that their chair can not be properly adjusted or is the wrong size, facilities can be notified and a correction can be made. The program administrator can filter data by Risk Levels, Discomfort Levels and type of discomfort and can send out canned or customized emails depending on the risk or discomfort. All of this, to help the employee's comfort which will lead to happier, healthier and more productive employees. If needed VelocityEHS also offers ergonomic experts that can be reached by phone to help solve issues and if needed an expert can also come on site. It is a win-win for everyone, the employees are healthier and happier and the company has saved money by reducing the risk of work related injuries and down time.